

Pedal and Plod

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	ERIC HARRINGTON	PITTSFIELD, MA	M: 1	IRON MALE	1196	01:20:18.72	03:04	19.5mph	Iron Male: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:25:45.96	06:16	9.6mph	00:25:45.96
						Bike Split	00:54:32.77	02:28	24.3mph	01:20:18.72
2	MATT RABASCO	PITTSFIELD, MA	M: 2	IRON MALE	1181	01:21:20.79	03:07	19.3mph	Iron Male: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:25:14.31	06:08	9.8mph	00:25:14.31
						Bike Split	00:56:06.49	02:32	23.6mph	01:21:20.79
3	KELLIE LAHEY KEEGAN BARROWS	CHESHIRE, MA	F: 1	MIXED TEAM	1521	01:27:22.33	03:20	17.9mph	Mixed Team: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:32:06.79	07:48	7.7mph	00:32:06.79
						Bike Split	00:55:15.54	02:30	23.9mph	01:27:22.33
4	FRITZ SANDERS	DALTON, MA	M: 3	IRON MALE	1195	01:30:21.94	03:27	17.3mph	Iron Male: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:25:51.98	06:17	9.5mph	00:25:51.98
						Bike Split	01:04:29.97	02:55	20.5mph	01:30:21.94
5	KELLIE HARRINGTON	PITTSFIELD, MA	F: 2	IRON FEMALE	1439	01:35:05.13	03:38	16.5mph	Iron Female: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:27:50.19	06:46	8.9mph	00:27:50.19
						Bike Split	01:07:14.94	03:03	19.7mph	01:35:05.13
6	MELISSA GNIADEK GREGORY GNIADEK	RICHMOND, MA	F: 3	MIXED TEAM	1517	01:35:05.86	03:38	16.5mph	Mixed Team: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:33:13.18	08:05	7.4mph	00:33:13.18
						Bike Split	01:01:52.69	02:48	21.4mph	01:35:05.86
7	MIRANDA BONA IAN NESBITT	CLARKSBURG, MA	F: 4	MIXED TEAM	1504	01:35:30.36	03:39	16.4mph	Mixed Team: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:27:52.00	06:46	8.8mph	00:27:52.00
						Bike Split	01:07:38.36	03:04	19.6mph	01:35:30.36
8	MARK RABASCO KURT KUEHNEL	GREENFIELD, MA	M: 4	MALE TEAM	1524	01:35:44.20	03:40	16.4mph	Male Team: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:24:11.65	05:53	10.2mph	00:24:11.65
						Bike Split	01:11:32.55	03:14	18.5mph	01:35:44.20
9	HADLEY MOORE ANTHONY MOORE	ADAMS, MA	F: 5	MIXED TEAM	1503	01:35:44.51	03:40	16.4mph	Mixed Team: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:29:22.55	07:08	8.4mph	00:29:22.55
						Bike Split	01:06:21.96	03:00	19.9mph	01:35:44.51
10	AIDEN DANIELLO FABIO DANIELLO	PITTSFIELD, MA	M: 5	MALE TEAM	1523	01:36:25.04	03:41	16.2mph	Male Team: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:32:02.15	07:47	7.7mph	00:32:02.15
						Bike Split	01:04:22.89	02:55	20.5mph	01:36:25.04
11	KIERA DEVINE DAVID DEVINE	PITTSFIELD, MA	M: 6	MIXED TEAM	1510	01:36:32.95	03:41	16.2mph	Mixed Team: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:30:14.78	07:21	8.2mph	00:30:14.78
						Bike Split	01:06:18.18	03:00	20.0mph	01:36:32.95
12	KAI CHEE	CHESHIRE, MA	M: 7	IRON MALE	1185	01:38:00.25	03:45	16.0mph	Iron Male: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:28:01.69	06:49	8.8mph	00:28:01.69
						Bike Split	01:09:58.57	03:10	18.9mph	01:38:00.25
13	LOGAN WILSON		M: 8	IRON MALE	1441	01:38:06.57	03:45	16.0mph	Iron Male: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:27:14.27	06:37	9.1mph	00:27:14.27
						Bike Split	01:10:52.31	03:12	18.7mph	01:38:06.57
14	STEPHEN FOLEY	PITTSFIELD, MA	M: 9	IRON MALE	1188	01:38:54.21	03:47	15.8mph	Iron Male: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:28:11.56	06:51	8.7mph	00:28:11.56
						Bike Split	01:10:42.66	03:12	18.7mph	01:38:54.21

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
15	SIMON SCHIN		M: 10	IRON MALE	1182	01:40:44.21	03:51	15.5mph	Iron Male: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:27:42.66	06:44	8.9mph	00:27:42.66
						Bike Split	01:13:01.55	03:18	18.1mph	01:40:44.21
16	JEFF ARENA	DALTON, MA	M: 11	IRON MALE	1180	01:41:02.01	03:52	15.5mph	Iron Male: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:29:01.85	07:03	8.5mph	00:29:01.85
						Bike Split	01:12:00.17	03:15	18.4mph	01:41:02.01
17	TIM ALLARD	NORTH ADAMS, MA	M: 12	IRON MALE	1190	01:41:12.53	03:52	15.5mph	Iron Male: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:27:55.10	06:47	8.8mph	00:27:55.10
						Bike Split	01:13:17.44	03:19	18.1mph	01:41:12.53
18	DANIEL WHEELER MARK RUMBUS	DALTON, MA	M: 13	MALE TEAM	1528	01:41:30.40	03:53	15.4mph	Male Team: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:28:10.37	06:51	8.8mph	00:28:10.37
						Bike Split	01:13:20.03	03:19	18.0mph	01:41:30.40
19	APRIL PITROFF VARELLAS	CHESHIRE, MA	F: 6	IRON FEMALE	1199	01:41:55.05	03:54	15.4mph	Iron Female: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:29:38.54	07:12	8.3mph	00:29:38.54
						Bike Split	01:12:16.52	03:16	18.3mph	01:41:55.05
20	DAVID SCHOLZ IAN GODFEY	ADAMS, MA	M: 14	MALE TEAM	1527	01:43:28.87	03:57	15.1mph	Male Team: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:26:21.56	06:24	9.4mph	00:26:21.56
						Bike Split	01:17:07.32	03:29	17.2mph	01:43:28.87
21	MICHAEL TUCKER		M: 15	IRON MALE	1443	01:44:45.90	04:00	14.9mph	Iron Male: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:32:11.19	07:49	7.7mph	00:32:11.19
						Bike Split	01:12:34.71	03:17	18.2mph	01:44:45.90
22	REESE COOK-DUBIN JESSE PITTSFIELD, MA COOK-DUBIN		M: 16	MALE TEAM	1522	01:45:15.05	04:01	14.9mph	Male Team: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:29:37.15	07:12	8.3mph	00:29:37.15
						Bike Split	01:15:37.90	03:25	17.5mph	01:45:15.05
23	BRIAN HOGENCAMP	LEE, MA	M: 17	IRON MALE	1192	01:45:43.86	04:03	14.8mph	Iron Male: 11	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:29:54.23	07:16	8.2mph	00:29:54.23
						Bike Split	01:15:49.63	03:26	17.4mph	01:45:43.86
24	SAMANTHA BERNARD MATT CLARKSBURG, MA BANACH		F: 7	MIXED TEAM	1505	01:46:57.99	04:05	14.6mph	Mixed Team: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:28:41.16	06:58	8.6mph	00:28:41.16
						Bike Split	01:18:16.83	03:33	16.9mph	01:46:57.99
25	CURTIS CRANE DONNIE POIROT	ADAMS, MA	M: 18	MALE TEAM	1526	01:47:56.73	04:08	14.5mph	Male Team: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:26:52.35	06:32	9.2mph	00:26:52.35
						Bike Split	01:21:04.39	03:40	16.3mph	01:47:56.73
26	ALLISON MEAD MATTHEW RIECHERS	DALTON, MA	M: 19	MIXED TEAM	1509	01:48:12.95	04:08	14.5mph	Mixed Team: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:34:11.85	08:19	7.2mph	00:34:11.85
						Bike Split	01:14:01.10	03:21	17.9mph	01:48:12.95
27	RICHARD SILVANO GARRET PITTSFIELD, MA COLVIN		M: 20	MALE TEAM	1529	01:49:22.21	04:11	14.3mph	Male Team: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:35:42.33	08:41	6.9mph	00:35:42.33
						Bike Split	01:13:39.88	03:20	18.0mph	01:49:22.21
28	GRACE UNGEWITTER ERIK UNGEWITTER	PITTSFIELD, MA	M: 21	MIXED TEAM	1511	01:49:38.74	04:12	14.3mph	Mixed Team: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Run Split	00:35:41.70	08:41	6.9mph	00:35:41.70
						Bike Split	01:13:57.04	03:21	17.9mph	01:49:38.74

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43	BRIAN SUNSKIS	WILLIAMSTOWN, MA	M: 32	IRON MALE	1194	02:05:54.69	04:49	12.4mph	Iron Male: 16
44	CHIP MCCULLOUGH DYLAN MCCULLOUGH	PITTSFIELD, MA	M: 33	MALE TEAM	1525	02:06:43.30	04:51	12.4mph	Male Team: 8
45	ASHLEY WETHERELL BARRETT DEB WETHERELL	HINSDALE, MA	F: 12	FEMALE TEAM	1534	02:06:43.95	04:51	12.4mph	Female Team: 2
46	JESSICA CHITTENDEN JOSH CHITTENDEN	ADAMS, MA	M: 34	MIXED TEAM	1519	02:11:01.08	05:01	12.0mph	Mixed Team: 17
47	KARI LYDEN	SHELBURNE FALLS, MA	F: 13	IRON FEMALE	1440	02:11:14.40	05:01	11.9mph	Iron Female: 4
48	ERIN MOTTOR JENNIFER FRASER	LEE, MA	F: 14	FEMALE TEAM	1533	02:13:57.27	05:07	11.7mph	Female Team: 3
49	AMBER CAPRONI GREG CAPRONI	NORTH ADAMS, MA	F: 15	MIXED TEAM	1516	02:16:59.90	05:14	11.4mph	Mixed Team: 18
50	ABBY TAYLOR TONY RIELLO	PITTSFIELD, MA	M: 35	MIXED TEAM	1513	02:19:57.51	05:21	11.2mph	Mixed Team: 19
51	PAIGE KEENAN	NORTH ADAMA, MA	F: 16	IRON FEMALE	1198	02:20:04.84	05:22	11.2mph	Iron Female: 5
52	AMANDA ALIBOZEK MICHAELA DINICOLA	ADAMS, MA	F: 17	FEMALE TEAM	1532	02:26:44.13	05:37	10.7mph	Female Team: 4
53	DANA NIEDZIELSKA	LENOX, MA	F: 18	IRON FEMALE	1197	02:32:42.01	05:51	10.3mph	Iron Female: 6
54	JOCELYNE COLE LAURIE COLE	PITTSFIELD, MA	F: 19	FEMALE TEAM	1535	02:44:23.37	06:17	9.5mph	Female Team: 5
55	JESS EDDY MOLLY COLVIN	PITTSFIELD, MA	F: 20	FEMALE TEAM	1531	02:55:02.20	06:42	8.9mph	Female Team: 6